UNIT-IV

SEDATIVES AND HYPNOTICS

In general sedative-hypnotics are drugs used to slow down mental and physical functions of the body. These are also referred to as the CNS depressants. Sedatives are chemical agents tend to produce a calming effect, relax muscles, and relieve feelings of tension, anxiety, and irritability. At higher doses, most of these sedative drugs will also produce drowsiness and eventually produce sleep. Drugs that have such a sleep-inducing effect are called hypnotic drugs or hypnotics. There is, no sharp distinction between sedative and hypnotic and the same drug may have both actions depending on the method of use and the dose employed. Unlike the narcotics, intoxicating doses of the sedative-hypnotics almost always result in impaired judgement, slurred speech, and loss of motor function.

Classification

Due to chemical differences, the sedative-hypnotics include several related families of drugs having common characteristics but somewhat diverse effects and therapeutic uses. These drugs are classified as follows

1. Barbiturates : Phenobarbitone, pentobarbitone, amobarbitone etc.

2. Non-barbiturates :
   (a) Aldehydes and their derivatives : Chloral hydrate, paraldehyde, triclofossodium
   (b) Piperidinederivatives : Glutethimide, methyprylone
   (c) Quinazolinederivatives : Methaqualone
(d) **Alcohols and their carbamate derivatives**: Ethchlorvynol, meprobamate, ethinamate

(e) **Benzodiazepine derivatives**: Chlordiazepoxide, diazepam, oxazepam, alprozolam, flurazepam, triazolam, prazepam, halazepam, temazepam, lorazepam.

1. **Benzodiazepines**

   **Mode of action**: Benzodiazepine receptors are present in the brain and they form a part of GABAA receptor’s chloride ion channel macromolecular complex. Binding of benzodiazepines to these receptors produces activation of GABAA receptor and increases chloride conductance by increasing the frequency of opening chloride ion channel. These in turn inhibit neuronal activity by hyper-polarization and de-polarization block.

   **Metabolism of Benzodiazepines**: Compounds without the hydroxyl group are nonpolar, and undergoes hepatic oxidation. Compounds with hydroxyl groups have more polarity and are readily converted into the glucuronide conjugates and excreted easily. These compounds are also metabolized by 3-hydroxylation of benzodiazepine ring.

**SAR**
The presence of electron attracting substituents (Cl, F, Br, NO₂) at position C-7 is required for the activity, and the more electron attracting substituents leads to potent activity.

Position 6, 8, and 9 should be unsubstituted for the activity.

Phenyl (or) pyridyl at the C-5 position promotes activity. If the phenyl ring substituted with electron attracting groups at 2 or 2', 6' position, then the activity is increased.

On the other hand, substituents at 3', 4', and 5' positions decreases activity greatly.

Saturation of 4, 5 double bond or shift of it to the 3, 4 position decreases the activity.

Alkyl substitution at position 3 decreases the activity, but the presence or absence of hydroxyl group is essential. Compounds without 3-hydroxyl group are nonpolar and usually have long half-life. Compounds with the 3-hydroxyl group have short half-life because of rapid conjugation with glucuronic acid.

Substitution at N² by alkyl, halo alkyl, and amino alkyl group increases the activity.

Reduction of carbonyl function at C-2 position to CH₂ yields less potent compound.

Triazolo benzodiazepine (Alprazolam) is found to be more potent, they do not require any substitution at 7th position.

Diazepam*

Synthesis
Properties and uses: It is a white or almost white crystalline powder soluble in ethanol and very slightly soluble in water. It is used as a skeletal muscle relaxant, anticonvulsant and antianxiety agent. It may take a long time to achieve sedative and antianxiety effects, during which time the patient can usually be maintained by giving the drug once or twice a day. Patients on the drug should be cautioned not to drive an automobile or to operate dangerous machinery until a few days after the drug has been discontinued.

Storage: It should be stored in well-closed airtight containers and protected from light.

Dose:
For short-term management of anxiety: Adult: 2 mg three times a day. Maximum: 30 mg daily.
For insomnia associated with anxiety—Adult: 5–15 mg at bedtime.
Sleepwalking; night terrors, Children and adolescents (up to 18 years): 1–5 mg at bedtime.
Anaesthetic premedication-Adult: 5–15 mg given before general anaesthesia. Child: 1–12 month: 250 μg/kg; 1–5 year: 2.5 mg; 5–12 year: 5 mg. For adjunct in the management of seizures-Adult: 2–60 mg daily in divided doses. For muscle spasms-Adult: 2–15 mg daily in divided doses, increased up to 60 mg daily in severe spastic disorders. Maximum: 60 mg/day. Child: 1–12 month, 250 μg/kg; 1–5 years, 2.5 mg; 5–12 years, 5 mg; 12–18 year: 10 mg. Maximum: 40 mg/day. Elderly: Dose reduction may be required. Dosage forms: Diazepam tablets I.P., B.P., Diazepam injection I.P., B.P., Diazepam capsules I.P., Diazepam oral solution B.P., Diazepam rectal solution B.P.

Chlordiazepoxide

Properties and uses: It is a white or almost white crystalline powder soluble in ethanol and very slightly soluble in water. It shows polymorphism. It is used as sedative and hypnotic.

Oxazepam
Properties and uses: It is a white or almost white crystalline powder slightly soluble in ethanol and insoluble in water. It is useful for the control of acute tremulousness, inebriation, or anxiety associated with alcohol withdrawal. Side effects that have been observed include rashes, nausea, lethargy, oedema, slurred speech, tremor, and altered libido. More severe reactions include leucopenia and jaundice.

Storage Properties and uses:
Dose: For anxiety, alcohol withdrawal syndrome. Adult: 15–30 mg 3 or 4 times/day. Elderly or debilitated patients: Initially, 10 mg thrice/day; increase up to 10–20 mg 3 or 4 times/day, if necessary.
For insomnia associated with anxiety: Adult: 15–25 mg given 1 h before bedtime. Up to 50 mg may be occasionally required.
Dosage forms: Oxazepam tablets B.P.

Chlorazepate

Uses: It is used as a sedative and hypnotic.

Lorazepam,
Properties and uses: It is a white or almost white crystalline powder, which is insoluble in water, sparingly soluble in ethanol, sparingly soluble in methylene chloride. It shows polymorphism. It is used as sedative and hypnotic. It has much more polarity than diazepam, for example, metabolism is relatively uncomplicated, and the duration of action is short.

Assay: Dissolve the sample in dimethylformamide. Titrate with 0.1 M tetrabutylammonium hydroxide and determine the endpoint potentiometrically.

Dose: For Anxiety—Adult: Usual dose 1–6 mg daily in 2 or 3 divided doses. Largest dose taken at night. Up to 10 mg daily has been used. Elderly: Initial dose of 1–2 mg daily in 2 or 3 divided doses. Adjust as necessary.

For insomnia associated with anxiety; Adult: 1–4 mg as a single dose given at bedtime. Elderly: 1–2 mg initially, adjust as needed.

Dosage forms: Lorazepam injection B.P., Lorazepam tablets B.P.

Alprazolam

Properties and uses: It is a white crystalline powder, practically insoluble in water, freely soluble in methylenechloride sparingly soluble in acetone and in alcohol. It shows polymorphism. Management of insomnia characterized by difficulty in falling asleep, frequent nocturnal awakenings, and early morning awakenings. The duration of action is short and the drug is a highly potent anxiolytic in doses of milligram. Titrate to the second point of inflexion.
Storage: It should be stored in well-closed airtight containers and protected from light

Zolpidem

Properties and uses: It is a white or almost white crystalline powder, hygroscopic in nature, slightly soluble in water, sparingly soluble in methanol, and insoluble in methylene chloride. It is an imidazopyridine agent and is an agonist at the benzodiazepine $\alpha_1$ receptor subunit of the GABA-A receptor, used for the management of insomnia. The selective binding at $\alpha_1$ receptors Subunits of GABAA may explain the relative absence of myorelaxant and anticonvulsant effects as well as the preservation of deep sleep in human.

Barbiturates:

SAR of Barbiturates

1. Barbiturates are derivatives of barbituric acid (2,4,6-trioxohexahydropyrimidine) which is devoid of hypnotic and sedative activities
2. Barbituric acid may be described as a “cyclic ureide of malonic acid”. Barbituric acid can be made by condensing urea with ethyl malonate in presence of sodium ethoxide.

\[
\begin{align*}
\text{Urea} + \text{Ethylmalonate} & \xrightarrow{C_2H_5ONa} \text{Barbituric acid} \\
\end{align*}
\]

3. Clinically important hypnotic-sedative barbiturates have substitutions at sites 1, 2 and, especially, 5 of barbituric acid.

4. Keto-enol tautomerism of barbituric acid and barbiturates allows formation of watersoluble salts with a strong base.

\[
\begin{align*}
\text{NaOH} + \text{Barbituric acid} & \rightarrow \text{HOH} + \text{NaO}^+ \text{Sodium salt of barbituric acid} \\
\end{align*}
\]

5. The barbiturates do not dissolve readily in water, their sodium salts dissolve readily in water.

6. Buffering action of Na2CO3 plus atmospheric CO2 maintains pH at 10 to 11. In less alkaline solutions, these barbiturates may precipitate as the free acids; so do not reconstitute barbiturates with normal saline and do not mix with acidic solutions of other drugs.

**SAR**

1. **Hypnotic activity.** Side chains at position 5 (especially if one of them is branched) is essential for activity.
2. **Potency and duration of action.** Length of side chain at position 5 influences potency and duration of action. Ex: Secobarbital and thiamylal are slightly more potent than pentobarbital and thiopental, respectively.

3. **More rapid onset and shorter duration of action.** Sulfur instead of oxygen atom at position 2 has more rapid onset of action but shorter duration. Ex: thiamylal and thiopental have more rapid onset and shorter duration of action than secobarbital and pentobarbital, respectively.

4. **Increased incidence of excitatory side effects.** Methylation at position 1 (methohexital) enhances excitatory side effects.

5. **Increased potency, rate of onset and short action.** Generally an increase in the lipophilicity of the compound results in more rapid onset of action accompanied with an increase in potency.

6. **Introduction of polar groups (hydroxyl, keto, amino, or carboxyl) into C-5 alkyl sidechain makes the compound more hydrophilic in nature.** Due to the polar nature, hydrophilic barbiturates do not dissolve in microsomal membranes of liver and are excreted.

7. **Branched, cyclic or unsaturated side chain at C-5 position.** Generally reduce the duration of action due to an increased ease of metabolic conversion to a more polar, inactive metabolite.

**Barbital**
Synthesis

![Synthesis Diagram]

**Properties and uses:** Baritone sodium exists as white, crystalline powder or colourless crystals that is soluble in boiling water and in alcohol, but only slightly soluble in water. It forms water-soluble salts with sodium hydroxide. It is a powerful hypnotic drug and generally used in the treatment of epileptic seizures.

**Phenobarbital**

![Phenobarbital Diagram]

**Properties and uses:** Phenobarbital sodium is a hygroscopic substance. It is a white, crystalline powder, freely soluble in water and also soluble in alcohol. It is used as sedative, hypnotic and antiepileptic (drug of choice in the treatment of
grandmal and petitmal epilepsy). It is useful in nervous and related tension states. An overdose of it can result in coma, severe respiratory depression, hypotension leading to cardiovascular collapse, and renal failure.

Storage: It should be stored in well closed airtight container.

Dose: For sedation: Adult: 30–120 mg/day in 2–3 divided doses. Children: 6 mg/kg/day.

For hypnotic: Adult: 100–320 mg at bedtime. Do not administer for more than 2 weeks for the treatment of insomnia. Through IV route for preoperative sedation: Child: 1–3 mg/kg 1–1.5 h before procedure.

 Dosage forms: Phenobarbital sodium tablets I.P., B.P., Phenobarbital sodium injection I.P., Phenobarbiton tablets I.P., Phenobarbital injection B.P., Paediatric phenobarbital oral solution B.P.

Mephobarbital,

Properties and uses: It is a white, crystalline powder, odourless, with a bitter taste, and a saturated is solution acid to litmus. Soluble in water, alcohol, chloroform, and in solutions of alkali hydroxides or carbonates. Mephobarbitone is a strong sedative with anticonvulsant action, but a relatively mild hypnotic. Hence, it is used for the relief of anxiety, tension, and apprehension, and is an antiepileptic in the management of generalized tonic-clonic and absence seizures.

Dose: As a sedative 30–100 mg 3–4 times/day; as an anticonvulsant 400–600 mg daily.
Amobarbital

Properties and Uses: It can be used both as sedative and hypnotic at different dose intervals.
Dose: As a sedative 30 mg 3–4 times a day; as a hypnotic 100–200 mg at night

Butabarbital

Properties and uses: It is used as a sedative and hypnotic, especially used for the short-term treatment of insomnia. Because of tolerance, barbiturates lose efficacy after two weeks of use.
Dose: 30 mg as a sedative and 100–200 mg at night as a hypnotic

Pentobarbital
**Properties and uses:** It is hygroscopic in nature and a white crystalline powder, very soluble in water. It is used as a sedative or hypnotic for the short-term management of insomnia and as a preanaesthetic medication, used in the treatment of strychnine poisoning. It is also indicated in the anaesthetic doses and administered intravenously, for the control of certain convulsive syndromes. This barbiturate is thought to reduce cerebral blood flow and, thereby, decrease oedema and intracranial pressure.

**Storage:** It should be stored in well-closed airtight containers.

**Dose:** The usual oral sedative dose for adult is 30 mg 2–4 times daily. Through I.M. route, for preoperative, sedative, 150–200 mg. Through IV route, anticonvulsant, 100 mg initially up to 400 mg.

**Dosage forms:** Pentobarbital tablets I.P., B.P.

---

**Secobarbital**

![](image)

**Properties and uses:** It is a white, hygroscopic powder having a bitter taste, with pH between 9.7 and 10.5, soluble in water and alcohol. It is used in status epilepticus and in toxic reactions to strychnine and as local anaesthetic.

**Dose:** The usual adult dose is 50–200 mg.
Miscellaneous: Amides & imides: Glutethmide.

![Chemical structure of Glutethmide]

**Properties and uses:** It is used as a hypnotic drug to induce sleep without depressing respiration. Over dosage is less likely to depress respiration, but more likely to cause hypertension than most other barbiturates. Adverse reactions include a generalized rash, occasionally a purpuric or urticarial rash; exfoliative dermatitis has also been observed, rarely nausea, hangover, paradoxical excitation, and blurred vision have occurred. Some of these side effects may be due to the anticholinergic activity of this drug.

Dose: The usual adult dose is 250–500 mg.

**Alcohol & their carbamate derivatives:**

**Mode of action:** These drugs elicit the action and is similar to the mechanism of barbiturates. These are general CNS depressants, which produce profound hypnosis. These are metabolized by alcohol dehydrogenase enzyme. Chloralhydrate undergoes oxidation to chloral and then to an inactive metabolite, trichloroacetic acid, via aldehyde dehydrogenase, which also is extensively metabolized to aryl glucuronides via conjugation with glucuronic acid and then excreted in urine.

**Meprobamate,**
**Ethchlorvynol.**

Properties and uses: It also possesses muscle relaxant and anticonvulsant properties apart from CNS depressant action. Adverse effects include suppression of REM sleep, ataxia, and hypotension.

Dose: The usual adult dose is 500–1000 mg hypnotic and 100–200 mg sedative.
Aldehyde & their derivatives

Triclofos sodium

\[
\text{Cl} \quad \text{H} \quad \text{O} \\
\text{C} \quad \text{C} \quad \text{O} \quad \text{P} \quad \text{O} \quad \text{Na}^+ \\
\text{Cl} \quad \text{H} \quad \text{OH}
\]

Properties and uses: It is a white or almost white powder, hygroscopic in nature. Freely soluble in water, slightly soluble in ethanol, practically insoluble in ether. Used as hypnotic.
Preparation: Triclofos oral solution B.P.

Paraldehyde.

\[
\text{CH}_3 \\
\text{O} \quad \text{O} \\
\text{O} \quad \text{O} \quad \text{H}_3\text{C} \\
\text{O} \\
\text{CH}_3
\]

Synthesis

Properties and uses: It is a colourless or slightly yellow transparent liquid. It solidifies on cooling to form a crystalline mass. Miscible with alcohol and with essential oils, soluble in water, but less soluble in boiling water, it is exclusively
used in the management of hospitalized patients undergoing alcohol withdrawal. Its CNS depressant activity resembles that of alcohol and chloral hydrates.

Storage: It should be stored in well-closed airtight containers and protected from light. If the substance has solidified, the whole contents of the container must be liquefied before use.

Dosage forms: Paraldehyde injection B.P.
ANTIPSYCHOTICS

Psychoactive or psychotropic drugs are also known as tranquilizers. These drugs are used in the treatment of psychiatric disorders i.e. abnormalities of mental function. The psychoactive drugs render the patient calm and peaceful by reducing agitation and anxiety. Psychoactive drugs does not cure mental disorders but the available drugs do control most symptomatic manifestations and behavioral deviances, facilitate the patient’s tendency toward remission and improve the capacity of patient for social, occupational, and familiar adjustment. The primary characteristic feature of these drugs is that they alter the mental state and behavior in a predictable way.

The psychoactive drugs are classified as:

1. Antipsychotic drugs
2. Anti depressant drugs
3. Anti anxiety drugs

ANTIPSYCHOTIC AGENTS: Antipsychotic drugs are used to treat psychoses like schizophrenia, mania, senile dementia and behaviour disorders in children. These drugs act by depressing the central nervous system (by decreasing dopamine levels) and by producing sedation without producing sleep. Thus the antipsychotics are employed to reduce excitation, agitation, aggressiveness and impulsiveness. Hence they are also known as antischizophrenic drugs or neuroleptic drugs or major tranquilizers.
Classification

1. Phenothiazines
   
a. Aliphatic side chain: Promazine, Chlorpromazine, triflupromazine
   
b. Piperidine side chain: Thioridazine
   
c. Piperazine side chain: Trifluoperazine, fluphenazine, Piperacetazine HCl, Prochlorperazine.

2. Butyrophenones: Haloperidol, Droperidol, Trifluperidol, Penfluridol

3. Thioxanthenes: Flupenthixol, Chlorprothixene, Thiothixene,

4. Other heterocyclics: Pimozide, Loxapine

5. Atypical antipsychotics: Clozapine, risperidone, olanzapine,


1. Phenothiazines: Phenothiazines act exclusively on specific postsynaptic receptors and block the postsynaptic dopamine receptors. They work on the positive symptoms of psychosis such as hallucinations, delusions, disorganized speech, looseness of association, and bizarre behavior. Phenothiazines are chemically constituted by a lipophilic, linearly fused tricyclic system having a hydrophilic basic amino alkyl chain. The following is the general structure of antipsychotic drugs.
SAR of Phenothiazines. Activity of phenothiazines is determined by the following:

1. Nature of alkyl side chain at C-10.

2. Amino group of side chain.

3. Substituents on aromatic ring.

1. Modification of alkyl side chain

1. Potency is maximum when there is three carbon between two ‘N’ atom (ring and side chain N).

2. Introduction of methyl group at C-1 decreases antipsychotic activity and produces imipramine-like activity.

3. If C-1 is incorporated into cyclopropane ring imipramine-like activity is obtained.

4. When oxygen is introduced into C-1 results in potent antidepressant effect. Example: Chloracizine.

5. Addition of –CH$_3$ at C-2 or C-3 has very little effect on activity.
6. Bridging of position 3 of side chain to position 1 of phenothiazine nucleus decreases neuroleptic activity.

2. Amino group modification

1. 3° nitrogen shows maximum potency and 2° or 1° nitrogen shows reduced or abolished activity.

N-alkylation with more than one carbon decreases activity.

2. Activity is decreased when dimethylamino group is replaced by pyrolidinyl, morpholinyl, or thiomorpholinyl groups. However, piperidine or piperazine is more potent than dimethylamino group.


4. Introduction of OH, CH₃, CH₃CH₂ OH at C-4 of piperazine results in increased activity.

5. Piperazine and phenothiazines may be esterified with long-chain fatty acids to produce slowly absorbed long-acting lipophilic prodrugs. Due to the slow release from oily deposition, significant activity is retained

6. When N-4 piperazine substituents are as large as phenyl, ethyl, or p-amino phenyl ethyl (e.g. Azaspirane, Chlorspirane) are active.

3. Phenothiazine ring

1. Substitution at C-2 position is optimal for neuroleptic activity. In general, potency at different positions increases in the following order 1 < 4 < 3 < 2.
Potency of the various groups increase in the following order OH < H< CN < CH₃ <Cl< CF₃.

2. Disubstitution (or) trisubstitution of the C-2 substituted drugs results in harmful potency.

3. CF₃ is more potent than Cl, but EPS appears, hence, chlorpromazine is much used, rather than triflupromazine.

4. The electro-negative chlorine atom at C-2 is responsible for imparting asymmetry to this molecule and the attraction of the amine side chain towards the ring containing the chlorine atom indicate an important structural feature of such molecules.

5. Oxidation of the sulphur at 5th position of antipsychotic phenothiazine decreases activity.

A. Phenothiazines with Aliphatic side chain

a. Promazine hydrochloride.

**Properties and uses:** It is a white or almost white crystalline powder, slightly hygroscopic in nature. It is well soluble in water, alcohol, and methylene chloride. It has low clinical potency, medium extrapyramidal toxicity, high
sedative effect, and high hypotensive action. It is used as dopamine receptor antagonist and neuroleptic.

Storage: It should be stored in well-closed airtight container and protected from light. Dosage forms: Promazine injection B.P., Promazine oral suspension B.P., Promazine tablets B.P.

b. Chlorpromazine hydrochloride*

![Chemical structure of Chlorpromazine](image)

**Synthesis**

Properties and uses: It is a white or almost white crystalline powder, freely soluble in ethanol and well soluble in water. It is demethylated, sulphoxidized, hydroxylated, and glucuronidated to yield 7-o-glucuronide chlorpromazine. The
drug has significant sedative and hypotensive properties, possibly reflecting central and peripheral $\alpha_1$-noradrenergic blocking activity and also effects the peripheral anticholinergic activity, used as dopamine receptor antagonist and neuroleptic. It decomposes on exposure to air and light, hence, it should be stored in well-closed airtight containers and protected from light. The usual dose is 75–80 mg daily in divided doses for psychiatric patients. As an antiemetic, it is 25–50 mg.

Dosage forms: Chlorpromazine HCl injection I.P., Chlorpromazine tablets I.P., B.P., Chlorpromazine injection B.P., Chlorpromazine oral solution B.P.

c. **Triflupromazine**

![Synthesis diagram](image_url)
Properties and uses: It is a white to pale yellow, crystalline powder, hygroscopic in nature, soluble in alcohol and freely soluble in water. It has lower sedative and hypotensive effects than chlorpromazine, and greater milligram potency as an antipsychotic, used as dopamine receptor antagonist and neuroleptic. It should be stored in well-closed airtight container and protected from light.

Dosage forms: TrifluoperazineHCl injection I.P., TrifluoperazineHCl tablets I.P., Trifluoperazine tablets B.P.

B. Phenothiazines with Piperidine side chain

a. Thioridazine hydrochloride

Properties and uses: It is a white or almost white crystalline powder, soluble in ethanol, freely soluble in water and in methanol. The drug exerts minimum antiemetic activity and thereby gives rise to minimal extrapyramidal stimulation. The drug has sedative and hypotensive activity in common with
chlorpromazine. It is effective in the management and manifestations of psychotic disorders, used as Dopamine receptor antagonist and neuroleptic.

It should be stored in well-closed airtight containers, and protected from light.

For Schizophrenia: Adult: Initially, 50–100 three times/day and slowly titrated upwards at not more than 100 mg/week. Maximum of 800 mg daily in 2–4 divided doses. Child, 2–12 year: Initially, 0.5 mg/kg daily in divided doses, increased gradually until optimum effect is obtained. Maximum: 3 mg/kg daily.

For Depression: Adult: Initially, 25 mg thrice/day, titrated to 20–200 mg daily.

C. Phenothiazines with Piperazine side chain

a. Piperacetazine hydrochloride

Properties and uses: It is a white or pale yellow crystalline powder, well soluble in water and alcohol. It is mainly used for anti-emetic effect, used as dopamine receptor antagonist and neuroleptic.
b. Prochlorperazine maleate.

Properties and uses: It is a white or pale yellow crystalline powder, well soluble in water and alcohol. It is more potent on a milligram basis than its alkylamino counterpart, chlorpromazine because of the high prevalence of extra-pyramidal symptom (EPS). It is mainly used for anti-emetic effect, not for its anti-psychotic effect, used as dopamine receptor antagonist and neuroleptic.

It should be stored in well-closed airtight container and protected from light.

For nausea and vomiting: Adult: As mesylate: 12.5 mg by deep IM. If required, may give further doses via oral route.

For psychosis: Adult: As mesylate: 12.5–25 mg by deep IM injection twice/day or thrice/day.

Dosage forms: Prochlorperazine maleate tablets I.P., Prochlorperazinemesylate injection I.P. Prochlorperazine tablets B.P., Prochlorperazinebuccal tablets B.P.
c. Trifluoperazine hydrochloride.

\[
\begin{align*}
\text{Synthesis} \\
\text{2-Trifluoromethyl phenothiazine} \\
\text{Trifluoperazine}
\end{align*}
\]

**Properties and uses.** Trifluoperazine occurs as hydrochloride salt. Trifluoperazine HCl is white to pale yellow, crystalline powder. It is freely soluble in water and should be protected from light and moisture. Trifluoperazine has been used to control psychotic disorders. It is effective to control excessive anxiety, tension, aggressiveness and agitation.

2. **Butyrophenones:** The antipsychotic properties of butyrophenones is due to the presence of the following general structure
1. Intact carbonyl group of butyrophenones is necessary for antipsychotic activity.

2. Replacement of carbonyl group by functional groups such as CH(OH), —CH(X), —O—, —S, —SO₂ etc., decreases activity.

3. All butyrophenones must have a fluorine atom in para-position of aryl group. The antipsychotic activity is markedly decreased by introducing H, Cl, CH₃, OCH₃ or Ar instead of fluorine at para position in aryl group.

4. Propylene bridge is required for antipsychotic properties. Shortening or lengthening or branching of propylene bridge decreases antipsychotic activity.

5. Incorporation of basic nitrogen into 6-membered rings is important for CNS depressant activity.

a. Haloperidol.

**Properties and uses:** It is useful in the management of psychotic reactions, hostility, and hyperactivity. It is a drug of choice for Tourett’s syndrome.
Haloperidol is an effective neuroleptic and also possesses antiemetic properties. For restlessness and confusion: Adult 1–3 mg every 8 h. For psychoses: Adult: 0.5–5 mg twice or thrice/day, may increase up to 100 mg daily in severe or resistant cases. Usual maintenance: 3–10 mg daily. Child: >3year: Initially, 25–50 μg/kg daily in two divided doses, increased gradually if necessary. Maximum: 10 mg/day

b. Droperidol

Properties and uses: It is a white or almost white powder insoluble in water, sparingly soluble in alcohol, freely soluble in dimethylformamide and in methylene chloride. The drug exhibits relatively low therapeutic potency, medium extrapyramidal toxicity, high sedative effect, and above all high hypotensive action. It is frequently used in combination with the nacrotic agents pre-anaesthetically. It is a neuroleptic used as an adjunct to anaesthesia to produce sedation and reduce incidence of nausea and vomiting. Also used as β1 adrenoceptor agonist α-adrenoceptor agonist.

Storage: It should be stored in well-closed airtight container and protected from light.

Dosage forms: Droperidol injection B.P., Droperidol tablets B.P.
c. **Risperidone.**

![Risperidone](image)

**Properties and uses:** It is a white or almost white powder, dissolves in dilute acid solutions, insoluble in water, freely soluble in methylene chloride, sparingly soluble in ethanol. It is a typical antipsychotic and neuroleptic. Its adverse effects include nasal congestion, orthostatic hypotension, insomnia, and possible EPS. Causes more EPS than other atypical agents. May cause weight gain and an increased tendency for glucose intolerance. Risperidone has structural features of hybrid molecules between butyrophenone and trazodone. It is a typical antipsychotic, effective against the negative symptoms of schizophrenia. It should be stored in well-closed airtight containers and protected from light. For Schizophrenia: Adult: Initially, 2 mg daily, may increase to 4 mg daily on the second day, adjusted further in increments or decrements of 1–2 mg daily at weekly intervals. Doses may be given in 1–2 divided doses. Maintenance: 4–6 mg daily. Maximum: 16 mg/day. For elderly: Initially, 0.5 mg two times a day gradually increased in increments of 0.5 mg twice a day. Maintenance: 1–2 mg twice a day.

3. **Thioxanthenes:**

Ring Analogues of Phenothiazeines:

a. **Chlorprothixene.**
Properties and uses: It is a white or almost white crystalline powder, slightly soluble in methylene chloride, and soluble in water and alcohol. It is used in the treatment of acute and chronic schizophrenia, psychotic and other conditions in which anxiety, agitation, and tension predominate. Thioxanthines are closely related to the phenothiazine in their pharmacologic effects and there seems to be at least one major difference in metabolism, most of the thioxanthine do not form ringhydroxylated derivatives. It should be stored in well-closed airtight container and protected from light.

b. Thiothixene.

Properties and uses: White, or nearly white crystalline powder with slight odour, and affected by light, soluble in water, anhydrous alcohol, or chloroform, practically insoluble in benzene, acetone, or ether. The substituent in the second position produces Z and E isomers. The Z isomers are the more active antipsychotic isomers. It was introduced as an antipsychotic agent useful in the
management of schizophrenia and other psychotic states. It is also helpful in the management of secondary symptoms of schizophrenia, such as hallucinations, tension, and suspiciousness. It also shows antidepressant property.

4. Other Hetrocyclics

a. Loxapine succinate

Properties and uses: Exist as white to off-white crystalline powder, slightly soluble in water or alcohol. It may give rise to possible anticholinergic and antiadrenergic activity. It must be employed with great caution in such patients who have either a history of glaucoma or urinary retention problems. It has resulted from the expansion of the six-member central ring of phenothiazine followed by isosteric replacement of one or more atoms with oxygen. Because of its seven-member central ring, the conformation of loxapine is more twisted than that of the phenothiazine rings. It is used for symptomatic control of schizophrenia. Dose: The usual dose is 20–250 mg/day.
5. Atypical antipsychotics

a. Clozapine.

Properties and uses: It is a yellow crystalline powder, dissolves in dilute acetic acid, insoluble in water, freely soluble in methylene chloride, and soluble in alcohol. It has more affinity for D1 and less for D2 dopamine receptors. It may have its unique profile due to the blockade of D1 receptors and M1 muscarinic activity. It has high potentially fatal agranulocytosis. Other adverse side effects include drowsiness, dizziness, and doserelated seizures. It is effective in individuals suffering from disorganization. For example, loose associations, inappropriate affect, incoherence, and reduction in rational thought processes.

Dose: For Schizophrenia: Adult: 12.5 mg 1–2 times on day 1 followed by 25 mg 1–2 times on day 2 increased gradually in increments of 25–50 mg up to a daily dose of 300 mg with 14–21 days. Subsequent increments of 50–100 mg may be made 1–2 times weekly. Usual dose is 200–450 mg/day. Maximum: 900 mg/day. Elderly: Initially, 12.5 mg on day 1 increased subsequently by increments of 25 mg. For psychosis in parkinsonism: Adult: Initially, 12.5 mg once daily at night, increased in steps of 12.5 mg up to two times each week, not >50 mg/day at the end of the second week.

Usual dose: 25–37.5 mg daily. Maximum of 100 mg daily.
6. Benzamides:

   a. Sulpiride.

   **Properties and uses:** Exists as white crystals, freely soluble in water or alcohol. Sulpiride, sold under the brand name Dogmatil among others, is an atypical antipsychotic medication of the benzamide class which is used mainly in the treatment of psychosis associated with schizophrenia and major depressive disorder.

7. Beta amino ketones:

   a. Molindone hydrochloride
Properties and uses: Exists as white crystals, freely soluble in water or alcohol, it is a potent antipsychotic as trifluoperazine and all the side effects resemble those of the phenothiazines. It is used in the treatment of schizophrenia and other psychosis.

Dose: The usual dose is 15-25 mg/day
Anticonvulsants

The epilepsies are a group of disorders characterized by chronic, recurrent, paroxysmal changes in neuralgic function caused by abnormalities in electrical activity of the brain. They are one of the common neuralgic disorders, estimated to affect 0.52% of the population and can occur at any age. The terms convulsion and seizure are often used interchangeably and basically have the same meaning. For many years, treatment options for epilepsy were limited. Over the last decade, however, many new pharmacological therapies have been introduced, and several more are in development. Anticonvulsants are a diverse group of pharmacological agents used in the treatment of epileptic seizures. Anticonvulsants are also increasingly being used in the treatment of bipolar disorder and borderline personality disorder, since many seem to act as mood stabilizers, and for the treatment of neuropathic pain.

Types of Epilepsy. There are four types of epilepsy. Certain signs and symptoms characterize each type:

(a) **Grand Mal.** Grand Mal is the most common type of epilepsy. In this type of epilepsy, the person often experiences an aura (this can consist of certain sounds, fear discomfort) immediately before a seizure. Then the patient loses consciousness and has tonic-clonic convulsions. The seizures generally last from 2 to 5 minutes.

(b) **Petit Mal.** This type of epilepsy is most frequently found in children. Brief periods of blank spells or loss of speech characterizes petit mal. During the seizures, which usually last from 1 to 30 seconds, the person stops what he is doing and after the seizure resumes what he was doing before the seizure. Many persons are not aware that they have had a seizure.
(c) **Jacksonian (Focal).** This type of epilepsy is rare. It is usually associated with lesion of a certain part of the brain (cerebral cortex). Jacksonian epilepsy is characterized by focal or local clonic type convulsions of localized muscle groups (for example, thumb, big toe, and so forth). The seizures normally last from 1 to 2 minutes.

(d) **Psychomotor.** Psychomotor epilepsy is rare. It is characterized by periods of abnormal types of behavior (for example, extensive chewing or swallowing). Psychomotor seizures occur most often in children 3 years of age through adolescence. The individual may experience an aura with perceptual alterations, such as hallucinations or a strong sense of fear. The localized seizures may advance to generalized convulsions with resultant loss of consciousness.

**Mechanism of action**

Seizures are caused by abnormal stimulation of nerves in the brain by other nerves. Generally, anticonvulsants reduce the excitability of the neurons (nerve cells) of the brain. When neuron excitability is decreased, seizures are theoretically reduced in intensity and frequency of occurrence or, in some instances, are virtually eliminated. For some patients, only partial control of the seizure disorder may be obtained with anticonvulsant drug therapy. The mode and the site of action of anticonvulsants are not known for sure. However, it is believed that the anticonvulsants suppress seizures by depressing the cerebral (motor) cortex of the brain, thereby raising the threshold of the central nervous system (CNS) to convulsive stimuli. Therefore, the person is less likely to undergo seizures.
Classification of anticonvulsants

1. **Barbiturates**: Phenobarbitone, Methabarbital.

2. **Hydantoins**: Phenytoin*, Mephenytoin, Ethotoin.

3. **Oxazolidine diones**: Trimethadione, Paramethadione.

4. **Succinimides**: Phensuximide, Methsuximide, Ethosuximide*

5. **Urea and monoacylureas**: Phenacemide, Carbamazepine*

6. **Benzodiazepines**: Clonazepam

7. **Miscellaneous**: Primidone, Valproic acid, Gabapentin, Felbamate

---

1. **Barbiturates**: Barbiturates are central nervous system (CNS) depressants (medicines that cause drowsiness). Barbiturates produce a wide spectrum of CNS depression, from mild sedation to coma, and have been used as sedatives, hypnotics, anesthetics and anticonvulsants. But, they can be addictive and abused. Excessive doses can cause depression, slurred speech, slowed reflexes and confusion. Diethylbarbituric acid, was synthesized by Fischer and Mering in 1903. A number of other hypnotic-sedative barbiturates were developed and tested, but all had too slow onset and too long duration of action. In 1932 Weese and Schapff synthesized the first rapid onset, short duration barbiturate, the methylated oxybarbiturate hexobarbital. Unfortunately, hexobarbital caused undesirable excitatory side effects. Thiopental was first administered by Waters (Wisconsin) and Lundy (Mayo Clinic) in 1934. Thiopental proved to be fast and brief acting and devoid of excitatory side effects.
effects. In 1950 Brodie et al demonstrated that barbiturate hypnotic-sedative activity was terminated not by metabolism, but by redistribution from central neural sites of action to other body tissues. It was later shown (Price, 1960) that during prolonged infusions, redistribution becomes less effective because redistribution sites approach equilibrium.

Chemistry

1. Barbiturates are derivatives of barbituric acid (2,4,6-trioxohexahydropyrimidine) which is devoid of hypnotic and sedative activities.

2. Barbituric acid may be described as a “cyclic ureide of malonic acid”. Barbituric acid can be made by condensing urea with ethyl malonate in presence of sodium ethoxide.
SAR

1. **Hypnotic activity.** Side chains at position 5 (especially if one of them is branched) is essential for activity.

2. **Potency and duration of action.** Length of side chain at position 5 influences potency and duration of action. Ex: Secobarbital and thiamylal are slightly more potent than pentobarbital and thiopental, respectively.

3. **More rapid onset and shorter duration of action.** Sulfur instead of oxygen atom at position 2 has more rapid onset of action but shorter duration. Ex: thiamylal and thiopental have more rapid onset and shorter duration of action than secobarbital and pentobarbital, respectively.

4. **Increased incidence of excitatory side effects.** Methylation at position 1 (methohexital) enhances excitatory side effects.

5. **Increased potency, rate of onset and short action.** Generally an increase in the lipophilicity of the compound results in more rapid onset of action accompanied with an increase in potency.

6. **Introduction of polar groups** (hydroxyl, keto, amino, or carboxyl) into C-5-alkyl sidechain makes the compound more hydrophilic in nature. Due to the polar nature, hydrophilic barbiturates do not dissolve in microsomal membranes of liver and are excreted.

7. **Branched,** cyclic or unsaturated side chain at C-5 position generally reduce the duration of action due to an increased ease of metabolic conversion to a more polar, inactive metabolite.
a. Phenobarbitone.

![Chemical structure of Phenobarbitone]

**Properties and uses:** Phenobarbital sodium is a hygroscopic substance. It is a white, crystalline powder, freely soluble in water and also soluble in alcohol. It is used as sedative, hypnotic and antiepileptic (drug of choice in the treatment of grandmal and petitmal epilepsy). It is useful in nervous and related tension states. An overdose of it can result in coma, severe respiratory depression, hypotension leading to cardiovascular collapse, and renal failure.

Dose: For sedation: Adult: 30–120 mg/day in 2–3 divided doses. Children: 6 mg/kg/day.

Dosage forms: Phenobarbital sodium tablets I.P., B.P., Phenobarbital sodium injection I.P., Phenobarbitone tablets I.P., Phenobarbital injection B.P., Paediatric phenobarbital oral solution B.P.

b. Methabarbital.

![Chemical structure of Methabarbital]
**Properties and uses:** It is a white, crystalline powder, odourless, with a bitter taste, and a saturated solution acid to litmus. Soluble in water, alcohol, chloroform, and in solutions of alkali hydroxides or carbonates. Mephobarbitone is a strong sedative with anticonvulsant action, but a relatively mild hypnotic. Hence, it is used for the relief of anxiety, tension, and apprehension, and is an antiepileptic in the management of generalized tonic-clonic and absence seizures. Dose: As a sedative 30–100 mg 3–4 times/day; as an anticonvulsant 400–600 mg daily.

2. **Hydantoins:**

1. Hydantoins are cyclic monoacylureas. They possess imidazoline-2, 4-dione heterocyclic system. Hydantoins are structurally related to barbiturates, differing in lacking the 6-oxo moiety.

2. Hydantoins are weakly acidic than barbiturates. Thus aqueous solution of sodium salts provide strongly alkaline solutions.

3. A clinically useful hydantoin possess an aryl substituent at the 5-position.
4. Hydantoin derivatives possessing of lower alkyl substituents have antiabsence activity.

5. Hydantoins activate Na+ increase Na+ transport.

**SAR**

1. 5-phenyl or other aromatic substitution is essential for activity.

2. Alkyl substituent at position 5 may contribute to sedation, a property absent in phenytoin.

3. Among other hypnotics 1,3-disubstituted hydantoins, exhibit activity against chemically induced convulsion, while it remains ineffective against electric shock induced convulsion.

**Mode of action**: Hydantoins prevent repetitive detonation of normal brain cells during depolarization shift. This is achieved by prolonging the inactivated state of voltage gate sensitive sodium channels and governs the refractory period of
specific neurons, moreover, reduces the calcium influx and inhibits the glutamate activity. Intracellular storage of Na+ leads to the prevention of repetitive firing.

a. Phenytoin

![Chemical structure of Phenytoin]

**Synthesis**

**Properties and uses:** It is a white crystalline powder, slightly hygroscopic, insoluble in methylene chloride, soluble in water and alcohol. Phenytoin is the first anticonvulsant in which it was clearly demonstrated that anticonvulsant activity could definitely be separated from sedative-hypnotic activity. A common side effect is gingival hyperplasia, a reaction that seldom occurs with mephenytoin, and apparently, never with cardiac arrhythmias. It is one of the most widely used antiepileptic agents and it is effective in most forms of epilepsy, except absence of seizures. Some cases of trigeminal and neuralgias respond well to phenytoin. It is also used in the treatment of cardiac arrhythmias.
Storage: It should be stored in well-closed airtight containers.

Dose: The usual dose is 50 to 100 mg.

Dosage forms: Phenytoin capsules B.P., Phenytoin injection B.P., Phenytoin tablets B.P.

b. Mephenytoin

Properties and uses: It is one of the first hydantoin introduced into therapy. It is converted into N-demethyl metabolite 5-phenyl-5-ethyl hydantoin. It was introduced as a sedative-hypnotic and anticonvulsant under the name Nirvanol, but it was withdrawn because of toxicity.

c. Ethotoin
3. **Oxazolidinediones**: Oxazolidine-2, 4-dione is analogous to hydantoin differs in having of oxygen atom at position 1 instead of NH. Ex: Trimethadione, paramethadione.

\[
\begin{align*}
\text{Oxazolidine-2, 4-dione system.}
\end{align*}
\]

**SAR**

1. Replacement of the -NH group at position 1 of the hydantoin system with an oxygen atom yields the oxazolidine-2,4-dione system.

2. 3,5,5-Trimethadione (tridione) was the first drug introduced specifically for treating absence seizures. It is also important as a prototype structure.

3. The nature of the substituent on C-5 is important, example, lower alkyl substituents towards antipetitmal activity while acyl substituents towards antigrandmal activity.

4. The N-alkyl substituent does not alter or afford the activity since all the clinically used agents from this class undergo N-dealkylation in metabolism.
a. Trimethadione

![Trimethadione structure](image)

**Properties and uses:** It is a colourless or almost colourless crystals, soluble in water and alcohol. It is first drug introduced specifically for treating absence seizures. It is important as a prototype structure for antiabsence seizure compounds. It is metabolized by N-demethylation to putative active metabolite dimethadone and it is further excreted unchanged. It is used as an antipetitmal agent. It causes nephrosis, aplastic anaemia and bone marrow depression.

Storage: It should be stored in well-closed airtight containers. Dose: The usual dose is 900 mg to 2.4 g per day; usually 300 to 600 mg 2 to 4 times daily.

b. Paramethadione

![Paramethadione structure](image)

**Properties and uses:** It is an oily liquid, slightly soluble in water and freely soluble in ethanol. It is used as an anticonvulsant. Dose: The usual dose is 300 mg to 2.4 g daily.
4. Succinimides:

SAR

1. The activity of antiepileptic agents, such as the oxazolidine 2,4-dione with substituted succinamides (CH2 replace O) was logical choice for synthesis and evaluation.

2. N-demethylation occurs to yield the putative active metabolite.

3. Both phensuximide and the N-demethyl metabolite are inactivated by p-hydroxylation and conjugation.

Mode of action: Succinimides selectively acts on the transient current in calcium channels for the influx of calcium ions and inhibits the amplification of spikes

a. Phensuximide.
Properties and uses: It is a crystalline solid, soluble in water and freely soluble in ethanol. N-demethylation occurs to yield active metabolite, both phensuximide and N-demethyl metabolites are inactivated by para hydroxylation and conjugation. It has low potency and is therefore relegated to secondary status. The phenyl substituent confers some activity against generalized tonic-clonic and partial seizures. It is used in the treatment of petitmal epilepsy. Dose: The usual dose is 500 mg to 1 g 2 to 3 times/day.

b. Methsuximide

Properties and uses: It is more active than phensuximide, and used in the treatment of petitmal epilepsy. It is metabolized into N-demethylsuximide and the metabolite is also an active compound. Dose: The usual dose is 300 mg/day; maintenance 0.3 to 1.2 g daily.

c. Ethosuximide*
Synthesis

Properties and uses: It is a white or an almost white powder or waxy solid. Freely soluble in water, ethanol, and methylene chloride. It is metabolized into 3-(1-hydroxyethyl) compound. It conforms very well to the general structural pattern for antiabsence activity. The drug is more active and less toxic than Trimethadione. It is a calcium-T channel blocking drug, effective in the cure of petitmal epilepsy. It should be stored in well-closed airtight containers.
5. Urea and monoacylureas:

a. Phenacemide

![Phenacemide structure]

Uses: Used mainly in psychomotor epilepsy.

Dose: The usual dose is 0.5 g, orally, 3 times/day with meals

b. Carbamazepine*

![Carbamazepine structure]

*Synthesis
Properties and uses: It is a white or almost white crystalline powder and it shows polymorphism, slightly soluble in water, freely soluble in methylene chloride, but sparingly soluble in acetone and ethanol. Carbamazepine inhibits voltage-dependent sodium channels. Carbamazepine, a urea derivative, is a broad spectrum antiseizure agent, but is toxic, used to treat partial seizures and grandmal seizures. It is also useful in the treatment of pain associated with trigeminal neuralgia.

Storage: It should be stored in well-closed airtight containers.

Dosage forms: Carbamazepine tablets B.P.

6. Benzodiazepines: Benzodiazepines are the most commonly used anxiolytics and hypnotics. They act at benzodiazepine receptors, which are associated with gamma-aminobutyric acid (GABA) receptors. Clinically useful benzodiazepines to treat anxiety are diazepam, chlordiazepoxide, oxazepam, prazepam, alprazolam, lorazepam, chlorazepate

Structure-Activity Relationships of benzodiazepines

1. There are several benzodiazepines. The benzodiazepines produce a wide range of effects, and are used for all sorts of things. In medicine, they are usually used for anxiety and insomnia, though they are occasionally used in musculoskeletal injuries, alcohol detoxification. Three of their effects are considered hallmarks (1) anticonvulsant effect, (2) muscle relaxant effect and (3) anti-anxiety effect.
2. Almost all active benzodiazepines, except those possessing a fused heterocyclic ring or a thionyl group, have a carbonyl group at position 2.

3. A benzene ring, separated from the heterocyclic benzodiazepine ring system by a single bond. A benzene ring is called a phenyl group when it is part of a larger molecule. There must be an electron withdrawing substituent at position 7. The halogens: chlorine, fluorine, bromine, and iodine are nice attractors of electrons.
4. The presence of electron attracting substituents (Cl, F, Br, NO2) at position C-7 is required for the activity, and the more electron attracting substituents leads to potent activity.

5. Position 6, 8, and 9 should be unsubstituted for the activity.

6. Phenyl (or) pyridyl at the C-5 position promotes activity. If the phenyl ring substituted with electron attracting groups at 2’ or 2’, 6’ position, then the activity is increased.

7. On the other hand, substituents at 3’, 4’, and 5’ positions decreases activity greatly.

8. Saturation of 4, 5 double bond or shift of it to the 3, 4 position decreases the activity.

9. Alkyl substitution at position 3 decreases the activity, but the presence or absence of hydroxyl group is essential. Compounds without 3-hydroxyl group are nonpolar and usually have long half-life. Compounds with the 3-hydroxyl group have short half-life because of rapid conjugation with glucuronic acid.

10. Substitution at N1 by alkyl, halo alkyl, and amino alkyl group increases the activity.

11. Reduction of carbonyl function at C-2 position to CH2 yields less potent compound.

12. Triazolo benzodiazepine (Alprazolam) is found to be more potent, they do not require any substitution

**a. Clonazepam**
**Properties and uses:** A triazolobenzodiazepine derivative that structurally resembles alprazolam and triazolam. It is useful in the management of insomnia. It has an intermediate half-life and the peak plasma concentration reaches 1.5 to 2 h after oral administration. It undergoes hepatic microsomal oxidation and has an elimination half-life 2 to 15 h. It causes more serious toxicity and withdrawal reactions than other benzodiazepines. The usual required dose is 2 mg.

7. **Miscellaneous:**

a. **Primidone**

b. **Valproic acid**

c. **Gabapentin**

d. **Felbamate**